

Pledges

Platinum : over R5 Million

AstraZeneca
Takeda

Gold : R1 Million – R5 Million

Abbvie
Bristol Myers Squibb Foundation
Gilead
Equity
Janssen
Medtronic
Olympus

Silver : R500 000 – R1 Million

Colon Cancer Trust
Dr Reddy's
Ferring
Roche
Sandoz

Bronze : R 100 000 – R500 000

Adcock Ingram
Aspen
Cipla
Litha
Novartis
Surgical Innovations



SSA

GASTROENTEROLOGY FOUNDATION
OF SUB-SAHARAN AFRICA
— ESTABLISHED 2006 —

Supporting gastroenterology for the future

11th Gastro Foundation Weekend for Fellows

Friday 17 - Sunday 19 January 2020
Spier Hotel & Conference Centre, Stellenbosch

Secretariat

Karin Fenton
GIT Clinic, Grootte Schuur Hospital
Tel: 021 404 3062
Fax: 021 447 0582
Karin.fenton@uct.ac.za
SAGES Secretariat
www.sages.co.za
Gastro Foundation Secretariat
www.gastrofoundation.co.za

Organisers

Bini Seale
Cornucopia Communications
TEL: 021 4383344
FAX: 021 4383345
CELL: 082 442 9779
bini@global.co.za

*The Gastro Foundation recognises and is grateful for
the contribution of an educational grant from the following
to fund this meeting*

SANDOZ A Novartis
Division



PROGRAMME

The Gastroenterology Foundation

Last year we celebrated the 10th anniversary of the Spier Postgraduate Course for Fellows, a milestone in the history of the Gastroenterology Foundation of sub Saharan Africa (SSA) and the highlight of all that the Gastro Foundation hosts annually. The Spier meeting, held early in the first part of every year, has proven to be a popular event for all Gastroenterology and Hepatology fellows and Paediatric fellows in training. Twenty five fellows attended the first Spier meeting held in 2010. This year we have invited 26 South African fellows and 16 SSA fellows, of which 14 fellows will be attending for the first time. Many of our fellows are now able to return to Spier as faculty and will join the Spier programme in the next few years. We have held Spier-like meetings for SSA fellows in Lagos and in Addis Ababa.

Over the past 14 years, the Foundation has raised over R40 million (approximately \$3M USD) in the form of donations from pharmaceutical and device companies. The Foundation has sponsored 20 research grants, 102 travel awards for international travel and 415 for local travel, and has awarded three international scholarships, one to Brown University in the USA and two to Oxford University.

Early on in its tenure, the Foundation began a close collaboration with several international societies beginning with the AGA and over the years this has evolved into successful collaborations with EASL, UEGW, ASGE, AMAGE, IASL and WGO and more recently the AASLD, bringing their respective postgraduate courses to South Africa and SSA.

Since 2015, the Foundation has initiated academic programs in Africa by hosting meetings in Nigeria, Ghana, Ethiopia and Northern Sudan and in November 2018, through the network of SSA countries the Foundation has established GHASSA – the Gastroenterology and Hepatology Association of sub Saharan Africa, was announced, which is proving to be an effective way of coordinating gastroenterologists and hepatologists and their respective societies from various countries in SSA. I am confident that this organization will, over the years, use the foundation we are establishing, to evolve into a strong and effective association in SSA.

Endoscopic workshops are now included in our meetings both in SA and SSA. A generous grant from Olympus Pharmaceuticals, for the upgrading of endoscopic equipment has enabled the establishment of a SA reference Endoscopy unit at the Groote Schuur Hospital (GSH) in Cape Town, which will facilitate endoscopy training and upskilling for all SSA endoscopists. The Foundation will use money from this proposed grant to facilitate the training of SSA gastroenterologists at the GSH and for endoscopic upskilling. The Best of the annual ASGE post graduate course held in SA and SSA has proved to be a useful endoscopic teaching course and all fellows benefit from a Gastro Foundation funded 3 year free membership to the ASGE which allows fellows access to the monthly journal and free online access to the comprehensive endoscopic teaching aides. Training of all GI/Hepatology clinicians and fellows in abdominal ultrasound for both liver and gut related diseases, including IBD will begin in 2020 and is proving to be an important non-invasive diagnostic modality for clinicians in SSA. Recently, the WEO (World Endoscopy organization) has shown interest in the Foundation and in establishing a SSA WEO committee with the aim of providing mentorship, support and post graduate courses to assist in all aspects of endoscopy training.

An important advance for SSA training is the establishment of Project ECHO (Extension for Community Healthcare Outcomes) developed in New Mexico - democratisation of medicine in order to train primary care physicians in the care of patients with complex diseases through a form of telemedicine. A generous donation of ZAR 3 Million from Gilead Sciences Pharmaceuticals has facilitated the initiation of ECHO programs from SA to Ghana, Ethiopia and Nigeria facilitating the screening and treatment of viral hepatitis. ECHO programs for all SSA GI and Hepatology subspecialty education programs, including the teaching of endoscopy using ECHO are planned.

Finally, an important and recent breakthrough has been direct representation of the Foundation's activities to AUDA-NEPAD (The African union) in Addis Ababa. This allows interaction with Governmental and NGO's in the implementation of all our programs in SSA beginning with the elimination of viral hepatitis in SSA and the institutionalization of maternal Hepatitis B birth dose vaccine for all children born in SSA.

Grateful thanks to the trade – pharmaceutical and device companies, for their commitment and consistent support.



Chris Kassianides
Chairman

Gastro Foundation Weekend for Fellows 2020

	Base 1 & 4 Medical Reid Ally & Mashiko Setshedi Venue : Manor House	Base 2 & 5 Medical Wendy Spearman & Bilal Bobat Venue : Conference Centre	Base 3 & 6 Medical Gill Watermeyer & Neo Seabi Venue : Manor House
Saturday 09:45 & 14:00	Team 1	Team 3	Team 2
Saturday 11:00 & 15:00	Team 2	Team 1	Team 3
Saturday 12:00 & 16:15	Team 3	Team 2	Team 1

Surgical - Colorectal Adam Boutall & Emile Coetzee & David Epstein Venue : Conference Centre			
Saturday 09:45 & 14:00	Team 4 Colorectal		
Saturday 11:00 & 15:00			
Saturday 12:00 & 16:15			

	Base 1 & 4 Surgical - HPB Eduard Jonas & Galya Chinnery Venue : Conference Centre	Base 2 & 5 Surgical - HPB Jose Ramos & Jake Krige Venue : Conference Centre	Base 3 & 6 Surgical - HPB Jean Botha & Marc Bernon Venue : Conference Centre
Saturday 09:45 & 14:00	Team 5 HPB	Team 6 HPB	Team 7 HPB
Saturday 11:00 & 15:00	Team 5 HPB	Team 6 HPB	Team 7 HPB
Saturday 12:00 & 16:15	Team 5 HPB	Team 6 HPB	Team 7 HPB

Base Paed Gastro Venue : Manor House	
Saturday 08:45 - 16:30	Team 8

SUNDAY 19 January 2020

07:30	How to run a successful private practice (optional)	Prof Chris Kassianides
08:30	'Elvis has left the building - and so will you'	Prof Jean Botha
09:00	Patient Blood Management : mini symposium	Prof Vernon Louw Dr Anthony Beeton

10:30 TEA

11:00	Chair : Dr Bilal Bobat	Chair : Prof Eduard Jonas
	Interactive Cases (20 mins each) General gastroenterology & hepatology (for physicians & hepatologists)	Interactive Cases (20 mins each) HPB, upper and colorectal (for all surgeons)
	Dr David Epstein	Dr Galya Chinnery
	Prof Mashiko Setshedi	Prof Jose Ramos
	Prof Gill Watermeyer	Dr Emile Coetzee
	Dr Neo Seabi	Dr Marc Bernon
12:30	Feedback & Close	Dr Bilal Bobat

If you are not rushing to catch a plane, please do stay for a picnic lunch.

Our thanks to Sandoz, Surgical Innovations & Takeda.

MEDICAL**MEDICAL****MEDICAL****TEAM 1 - YELLOW****TEAM 2 - GREEN****TEAM 3 - PURPLE**

Cathrine Gounden	Chikezie Nwankwo	Marc Ostrofsky	Dinen Parbhoo	Vikash Lala	Wamda Abuelhassan
Neo Rakumakoe	Portia Ngwata	Thania Kahn	Ahmad Abdelsalem	Cecelia Coccia	Tendai Machiridza
Riad Elfleet	Munir Agaël	Osama Etwati	Ben Hkouma	Dirkie Claassen	Thabo Rampai
Mzamo Mbelle					

SURGICAL**SURGICAL****SURGICAL****TEAM 5 - RED - HPB****TEAM 6 - ORANGE - HPB****TEAM 7 - BLACK - HPB**

Hendri Pretorius	Kiyasha Singh	Mazwi Pungutche	Karan Gandhi	Miriam Kahn	Anton Lambrechts
Hisham Ali	Colin Noel	Fusi Madela	Imraan Sardiwalla	Moddathir Osman	Werner Coetzee
		Sarah Woolf			

SURGICAL**PAED GASTRO****TEAM 4 - BLUE - COLORECTAL****TEAM 8 - PINK**

Boitumelo Nkgudi	Nomsa Nkosi	Zeenat Gaibee	Uthpol Chowdury
Nadir Hilal	Nasir Almgla	Yahye Sheikh Mohamed	Ibrahim Elhadi Hassan
Peter Taylor	Ayesiga Herman	Eiman Losta	
Anna Coccia			

**Prof Jonathan Jansen**

Jonathan Jansen is a Distinguished Professor of Education at the University of Stellenbosch, South Africa. In 2016/17 he was a Fellow at the Center for Advanced Study in the Behavioral Sciences at Stanford University and in 2020 he will be a Knight Hennessey Fellow also at Stanford. He is currently President of the South African Academy of Science.

He started his career as a Biology teacher in the Cape after receiving his science degree from the University of the Western Cape. He obtained a MS degree from Cornell University and a PhD from Stanford. He holds honorary degrees from the University of Edinburgh, the University of Vermont, Cleveland State University and the University of Cape Town.

In 2013, he was awarded the Education Africa Lifetime Achiever Award in New York, the Spendlove Award from the University of California for his contributions to tolerance, democracy and human rights, and he also won the largest book award from the British Academy for the Social Sciences and Humanities for his book, Knowledge in the Blood (published by Stanford University Press).

His recent books include Leading for Change (Routledge), As by fire: the end of the South African university (recently won the non-fiction prize at the South African Literary Awards), Interracial intimacies on campuses (Bookstorm) and Song for Sarah (Bookstorm). His 2019 books (edited, co-edited) include Inequality in South African schools (Springer), the Politics of decolonization (Wits University Press) and in 2020, Who gets in and why? The politics of school admissions (UCT Press) and Fault lines: Race and knowledge in the sciences (SUNMEDIA).



Dr Anthony Beeton is an anaesthetist in private practice in Johannesburg. He is the Principal transplant anaesthetist at Wits Donald Gordon Medical Centre. His special interests lie in solid organ transplantation and major abdominal malignancy surgery. He is co-ordinator of patient blood management programme at WDGMC, and is chairman of the SA Society of Anaesthetists Gauteng Branch.



Prof Vernon Louw is Chair and Head Division Clinical Haematology at the University of Cape Town. After graduating cum laude, he spent three years at the Katholieke Universiteit Leuven in Belgium in Clinical Haematology. In 2011, he obtained his Ph.D. in Health Professions Education at the University of the Free State. He is a member of, inter alia, the American Society of Hematology (ASH), the International Society of Haematology (ISH), the European Haematology Association (EHA), and the African Society for Blood Transfusion (AfSBT). He serves on the editorial board or as reviewer for a number of national and international medical journals. He has served on the scientific and organising committees of a number of national and international conferences. Together with his team, he developed the first Anglophone Postgraduate Diploma and Master's Degree Programmes in Transfusion Medicine in Africa.

Gastro Foundation Weekend for Fellows : 2020 Faculty**Guest Speaker**

Prof Jonathan Jansen

Guest Faculty

Dr Anthony Beeton

Prof Vernon Louw

Faculty

Prof Chris Kassianides (Chairman)

Dr Bilal Bobat

Dr Adam Boutall

Dr Marc Bernon

Dr Ebrahim Dalwai

Dr Galya Chinnery

Dr Liz Goddard

Prof Jake Krige (Trustee)

Prof Jose Ramos (Trustee)

Dr Penny Rose

Dr Silvia Strobele

Prof Wendy Spearman

Prof Reid Ally (Trustee)

Prof Jean Botha

Prof Rob Brown

Dr Emile Coetzee

Dr Ronaldo de Lacy

Dr David Epstein

Prof Eduard Jonas (Trustee)

Dr Etienne Nel

Dr Neo Seabi

Prof Mashiko Setshedi

Dr Gill Watermeyer (Trustee)

FRIDAY 17 January 2020

10:00	Welcome :	Prof Chris Kassianides Gastro Foundation
	Chair: Prof Jake Krige	
10:15	Top Tips and latest developments	
10:30	An approach to bowel obstruction	Dr Adam Boutall
10:30	Update on evidence-based guidelines in the diagnosis and therapy of chronic pancreatitis (CP)	
10:45	Hilar cholangiocarcinoma	Prof Jose Ramos Prof Eduard Jonas
11:00	Managing the patient with chronic nausea and vomiting	Dr Bilal Bobat
11:15	Approach to the patient with liver associated enzyme abnormalities	Prof Mashiko Setshedi
11:30	Liver transplant – indications for referral and workup	
11:45	Treat to target in IBD	Prof Jean Botha Prof Gill Watermeyer
12:05	The difficult colonoscopy	Dr Adam Boutall
12:30	LUNCH / MOSQUE	
	Chair: Prof Mashiko Setshedi	Chair: Prof Jake Krige
	General	HPB & foregut
	(for physicians and colorectal surgeons)	(for HPB and upper surgeons)
14:15	A liver disease and pregnancy	14:00 Management of bile duct injuries
	Dr Bilal Bobat	Prof Jose Ramos
14:30	An approach to non-cardiac chest pain	14:20 Can the current scoring systems used in patients with portal hypertension and bleeding oesophageal varices be improved
	Prof Reid Ally	Prof Jake Krige
14:45	Anal disorders	14:40 Achalasia
	Dr Adam Boutall	Dr Galya Chinnery
15:00	FMT and the GIT	15:00 Neuroendocrine tumours of the pancreas
	Prof Mashiko Setshedi	Prof Jose Ramos
15:15	IBD therapy beyond anti TNF's	
	Prof Gill Watermeyer	
15:30	TEA	15:30 TEA
	Chair: Prof Reid Ally	Chair: Prof Jose Ramos
16:00	Suspicious rectal polyps and early rectal cancer	16:00 Cystic tumours of the pancreas
	Dr Ebrahim Dalwai	Dr Marc Bernon
16:15	An approach to fatty liver disease - what can we offer	16:20 Management of synchronous colorectal cancer liver metastases
	Prof Wendy Spearman	Prof Eduard Jonas
16:30	Basic statistics for fellows in training	16:40 Surgical treatment of gallbladder cancer
	Prof Reid Ally	Dr Marc Bernon
17:00	Check in to hotel	
18:00	Team Quiz : Quizmasters Prof Jake Krige & Prof Eduard Jonas	
19:00	Dinner on the conference venue veranda	

Mission Statement

The Gastroenterology Foundation of South Africa was established in 2006. The aim of the Foundation is to contribute towards the continuing medical education of Gastroenterologists and Hepatologists in South Africa.

It is autonomous, directed by a group of trustees chosen from a broad spectrum of academic experience.

In addition, the Foundation has successfully contributed to the postgraduate education of Gastroenterologists by assisting in the financing of fellowships abroad. Recently a major focus has been the post graduate education of GI trainees locally by hosting workshops in South Africa.

Our aim is to fund a number of conferences annually updating all those interested in Gastroenterology and Hepatology in South Africa on recent advances in these specialties.

SATURDAY 18 January 2020

06:30	Early morning walk / run	
	Breakfast	
08:30	Endoscopy quiz	Dr David Epstein & Dr Galya Chinnery
09:30	Introduction to Bases	Prof Jake Krige
	Medical	Paed Gastro
09:45	Base 1	Base 1
	Prof Reid Ally & Prof Mashiko Setshedi	Dr Ronaldo de Lacy
	Gastroenterology cases	Inherited Metabolic Diseases
10:45	TEA	TEA
11:00	Base 2	Base 2
	Dr Bilal Bobat & Prof Chris Kassianides	Prof Rob Brown
	Liver and other cases	Paediatric surgery
12:00	Base 3	Base 3
	Prof Gill Watermeyer & Dr Neo Seabi	Dr Etienne Nel
	IBD	Clinical nutrition
13:00	LUNCH (and group photo)	LUNCH (and group photo)
14:00	Base 4	Base 4
	Prof Reid Ally & Prof Mashiko Setshedi	Dr Liz Goddard
	Gastroenterology cases	Paediatric Liver Disease
15:00	Base 5	Base 5
	Prof Wendy Spearman & Dr Bilal Bobat	Dr Penny Rose
	Liver and other cases	Intestinal disease
16:00	TEA	TEA
16:15	Base 6	Base 6
	Prof Gill Watermeyer & Dr Neo Seabi	Dr Silvia Strobele
	IBD	Miscellaneous cases
	Surgical - HPB & Upper	Surgical - Colorectal
09:45	Base 1	Dr Adam Boutall
	Prof Eduard Jonas & Dr Galya Chinnery	Dr Emile Coetzee
	HPB & benign foregut conditions	Dr David Epstein
10:45	TEA	TEA
11:00	Base 2	Clinical cases
	Prof Jose Ramos & Prof Jake Krige	
12:00	Base 3	
	Prof Jean Botha & Dr Marc Bernon	
13:00	LUNCH (and group photo)	LUNCH (and group photo)
14:00	Base 4	Clinical cases
	Prof Eduard Jonas & Dr Galya Chinnery	
15:00	Base 5	
	Prof Jose Ramos & Prof Jake Krige	
15:15	TEA	TEA
16:15	Base 6	Clinical cases
	Prof Jean Botha & Dr Marc Bernon	
17:30	Refreshment break	
18:00	Introduction :	Prof Jake Krige
	Guest lecture :	Prof Jonathan Jansen
		Distinguished Professor of Education, University of Stellenbosch
		The dilemmas of race in medical science research
19:00	Introduction :	Prof Chris Kassianides
	Guest lecture :	Dr Anthony Beeton
		Error, Disclosure and Approach to the Dissatisfied Patient
19:45	Dinner : Spier Hotel	