Pledges

Platinum : over R5 Million AstraZeneca Takeda

Gold: R1 Million - R5 Million

Abbvie Aspen

Bristol Myers Squibb Foundation

Equity Gilead Janssen

Medtronic Olympus Pfizer

TRT Investments

Silver: R500 000 - R1 Million

Adcock Ingram
Colon Cancer Trust
Dr Reddy's
Ferring
Litho / Acino
Roche
Sandoz

Bronze: R 100 000 - R500 000

Boston Scientific Cipla Investec Novartis Surgical Innovations

Organisers

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The Gastro Foundation recognises and is grateful for the contribution of an educational grant from the following to fund this meeting.



























15th Gastro Foundation Weekend for Fellows

Friday 19 - Sunday 21 April 2024 Lord Charles Hotel, Somerset West

Supporting gastroenterology for the future

PROGRAMME

The Gastroenterology Foundation

Welcome to the 15th Gastrofoundation annual Fellows post graduate course which we are once again hosting at the Lord Charles hotel in Somerset West.

The Foundation has hosted this meeting consecutively every year since 2010 and is dedicated to all Gastroenterology and Hepatology fellows and Paediatric fellows in-training, This year we have fifty seven fellows and thirty one faculty members attending.

It is a great pleasure to introduce and welcome our newly appointed patron to the Foundation, Mr Adam Molai. A Zimbabwean by birth, he is chairman of TRT Investments, a diversified investment company which operates in West and Southern Africa and has recently made forays into the US and European markets. He will assist in providing as many opportunities as possible to GI Hepatology fellows in SSA and he joins us at the meeting.

We welcome too, a new trustee also from Zimbabwe - Leo Katsidzira. A Graduate of the University of Zimbabwe he is a gastroenterologist in Zimbabwe having completed GI post graduate training at UCT and a Phd in the epedimiology and genetics of colorectal cancer. Leo joins us at the meeting as part of the faculty.

This year we continue the newly introduced bases for fellows – one for endoscopy training and one for point-of-care ultrasound training - and this will be a continuing focus in years to come.

Most of the GI fellows we train will commence private practice once training is complete. With the demands of running a private practice - a business essentially - and the financial challenges, together with the recent attraction of office based endoscopy adding to the financial burden, we have invited Investec Bank to join us at this meeting providing guidance and opportunities. It is a great pleasure to welcome Kevin Hogan, Shani Morgan and Elzemari Ross to the meeting.

I am most grateful to Bini Seale who runs the Foundation's Secretariat and who has taken over the organizing of the post graduate Fellows program in addition to all the Foundation's activities.

Thank you to all the Foundation trustees.

And its wonderful to have the Paediatric fellows back again with us this year and my thanks to Dr Tim De Maayer for his assistance in this regard.

And finally to the Faculty - for their continued interest and commitment in making the annual Fellows post graduate program the success it is.

My best to you all,



Chris Kassianides Chairman

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PATRON



We are delighted to introduce the patron of the Foundation, MrAdam Molai. Adam Molai is an African industrialist and founder of TRT Investments, a diversified investment group with interests predominantly in manufacturing, bottling, property development, and financial services across the continent. His dynamic approach embodies the new generation of African entrepreneurs, challenging global industry leaders while championing a fresh socio-economic vision for Africa and its citizens.

Adam's professional journey began at Ernst and Young in Zimbabwe, where he completed his articles. He pursued higher education, earning a business degree from the University of Buckingham in the UK, followed by a first-class Commerce degree from Canada's Lakehead University. He was initially active in the retail and

petroleum sectors in Zimbabwe before he set his sights on transforming the tobacco industry.

Recognizing the absence of significant indigenous players in the tobacco value chain, he played a pivotal role in establishing a contract-growing scheme that empowered over 150,000 small-scale farmers to enter Zimbabwe's thriving tobacco sector. In 2002, he founded Pacific Cigarette Company, which has evolved into one of the two prominent African-owned cigarette manufacturers globally.

Today, he is primarily focused on manufacturing as he believes that only industrialisation will develop Africa and allow it to take its rightful place at the table of nations.

Beyond business, his philanthropic endeavours through the Adam Molai Foundation have made a significant impact, fostering self-sustaining projects that uplift Zimbabwean communities and actively engaging in disaster relief efforts. In 2020, he also launched the Jua Fund which is aimed at growing the number of African entrepreneurs.

Mission Statement

The Gastroenterology Foundation of South Africa was established in 2006. The aim of the Foundation is to contribute towards the continuing medical education of Gastroenterologists and Hepatologists in South Africa.

It is autonomous, directed by a group of trustees chosen from a broad spectrum of academic experience.

In addition, the Foundation has successfully contributed to the postgraduate education of Gastroenterologists by assisting in the financing of fellowships abroad. Recently a major focus has been the post graduate education of GI trainees locally by hosting workshops in South Africa.

Our aim is to fund a number of conferences annually updating all those interested in Gastroenterology and Hepatology in South Africa on recent advances in these specialties.

FRIDAY 19 April 2024 12:30 LUNCH / MOSQUE Welcome Prof Gill Watermeyer & Prof Eduard Jonas Venue: Somerset 2 & 3 **HPB** Medical and Colorectal and upper GIT Venue: Somerset 1 Venue: Somerset 2 & 3 14.00 Neuroendocrine tumours of the pancreas 14.00 Colorectal cancer in Sub-Saharan Africa - workup and management Dr Leo Katsidzira Prof Jose Ramos 14.15 Advanced combination therapies in IBD 14.20 Adenomas of the liver - resection Prof Gill Watermeyer vs. follow-up Dr Stefan Hofmeyr 14.30 Surveillance strategies: Barrett's oesophagus 14.40 Prevention of post-ERCP pancreatitis Prof Galya Chinnery Dr Sean Burmeister 14.45 Tea Break 15.00 Tea break 15.00 Gastroparesis 15.15 An approach to cystic lesions of the liver Dr Dion Levin Dr Stefan Hofmeyr 15.15 Polypectomy- tips and tricks 15.30 Liver resection for GIT tumours in the Prof Adam Boutall context of oligometastatic disease Prof Eduard Jonas 15.30 H pylori - an update Prof Mashiko Setshedi 15.50 Surgery for chronic pancreatitis which procedure and when Dr Sean Burmeister 16.15 Evidence based medicine and critical appraisal Prof Reid Ally 17.00 How to set up an independent endoscopic unit within a private hospital setting and how to fund it. Dr Colin Rush Partnering for private practice Ms Shani Morgan & Ms Elzemari Ross Investec Private Banking 18.00 Hotel check in 18.30 Quiz: Dr Dion Levin Venue: Somerset 2 & 3 19.00 Dinner in Garden Court

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SATURDAY 20 April 2024

06:30	Early morning walk / run then breakfast Meet in the hotel foyer
08:30	High Resolution Manometry - A General Approach Dr Sassa Botha

08:55	Introduction	to Bacoc -	Prof Eduard	lonac

Medical and upper GIT	Colorectal	НРВ	Paeds
9.00 Session 1 Prof Reid Ally, Prof Mashiko Setshedi, Prof Galya Chinnery Gastroenterology cases	Dr Dion Levin Dr Adam Boutall Dr Brendan Bebington	Prof Jose Ramos Prof Jake Krige Prof Ed Jonas Dr Sean Burmeister Dr Stefan Hofmeyr	Dr Tim De Maayer Prof C Hajinicolao Dr Lindo Radebe Dr Penny Rose
Dr Neliswa Gogela, Prof Wendy Spearman & Prof Mark Sonderup Liver & other cases			
Prof Gill Watermeyer, Dr Shiraaz Gabriel IBD			
Endoscopy station Dr Vikash Lala & Prof Sandie Thomson			
Ultrasound hands-on station TBC			
	'		

55	Session	

- 10.50 Tea
- 11.10 **Session 3**
- 12.05 Session 4
- 13.55 Lunch
- 14.00 **Session 5**
- 14.55 **Session 6**
- 15.50 **Session 7**
- 16.45 **Session 8**
- 17.40 End
- 17.40 Group photo
- 18.00 Refreshment Break

SATURDAY 20 April 2024 continued

18.15 Venue: Somerset 2 & 3

Introduction to the Gastrofoundation Prof C Kassianides

Fraud in Medicine – Prevention is better than cure

It will empower you to be less hackable, personally and professionally. Kevin Hogan, Head of Fraud Risk, Investec Private Banking

Chairman: Professor Chris Kassianides

Dinner

Garden Court Restaurant 19.15

SUNDAY 21 April 2024

8.30	Venue : Somerset 2 & 3 Endoscopy quiz	Prof Galya Chinnery
9.30	Nutrition as therapy in GIT disorders	Ms Gabi Meltzer
10.30	Tea	
11.00	Critical Quest 1 & 2	Prof Mashiko Setshedi & Prof Reid Ally
12.30	Feedback & close and thanks to the supporting trade.	Prof Reid Ally
	End	

FACULTY & GUESTS			
Trustees Prof Reid Ally Dr Bilal Bobat Prof Geoff Dusheiko Prof Eduard Jonas Dr Leolin Katsidzira Prof Jake Krige Prof Jose Ramos Prof Wendy Spearman Prof Sandie Thomson Prof Gill Watermeyer	Honorary Faculty Dr Brendan Bebington Dr Sassa Botha Dr Adan Boutall Dr Sean Burmeister Dr Galya Chinnery Mr Faieq Daliath Dr Shiraaz Gabriel Dr Neliswa Gogela Dr Stefan Hofmeyr Dr Vikash Lala Dr Dion Levin Ms Gabi Meltzer Ms Monique Mine Dr Colin Rush Prof Mashiko Setshedi Prof Mark Sonderup	Honorary Faculty Paediatrics Dr Tim de Maayer Prof Christina Hajinicoaou Dr Lindo Radebe Dr Penny Rose	Special Guests Representing Investec Bank Mr Kevin Hogan Ms Shani Morgan Ms Elmari Ross

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BASE TEAMS

MEDICAL

Team 1 YELLOW

MEDICAL Team 2 GREEN

Dr Gillian Gaskin Dr Ramah Hassan Dr Isneen Hilmy Dr Rahm Makan Dr Pascal Werimo Makokha Dr Dominic Munene Mutura Dr Sipho Nkandlalalana Dr Abdullahi Hadi Omar Dr Mohammed Asla Parker Dr Yonela Qubekile

MEDICAL

Team 3 ORANGE

Team 4 PURPLE

MEDICAL

Team 5 GREY

MEDICAL

Dr Nasief van der Schyff Dr Simon Veenstra Dr Jessica Wing Dr Elizabeth Gatley Dr Sandy Mosenye Dr Hassan Ali Dr Ibrahim Mohammed Dr Thomas Modise Mokone Dr Desiree Moodley Dr Muaz Moosa Dr Hendrik Bezuidenhout Dr Siphiwosethu Nkomo Dr Badreldin Agdalla Dr Innocent Francis

COLORECTAL

Team 6 BLUE

Dr Kavitha Chetty Dr Sayed Shakeel Kader Dr Nicola MacRobert Dr Nsizwenye Ntokozo Mkhwanazi Dr Amged Mohammedsalih Dr Alex Mwihaki Dr Mohammad El Hassed Nathire Dr Silindokuhle Revival Sibiya Dr Gert van der Merwe

Team 7

HPB

Dr Almujtaba Ahmed Dr Ahmed Ali Dr Pacifico Apai Dr Malini Bhana Dr Johan Buitendag Dr Yamkela Desemela Dr Avishkar Gurunand Dr Khalid Khalef Alla Dr Neha Kumar Dr Helgard Marais Dr Brian Misoi Dr Ntuthuko Ntanzi Dr Osemudiamhen Okharedia

Dr Mazwi Pungutche Dr Kiyasha Singh Dr Kimisha Singh Dr Mfundo Siwelile Sithole

Team 8 PINK

PAEDIATRICS

Dr Abdelsalam Ahmed
Dr Nhalakanipho Mangeni
Dr Tshepang Mokoto
Dr One Mokwatlo
Dr Vusani Mudau
Dr Livin Mumburi
Dr Khobieb Mohammed
Dr Nisha Naka

FELLOWS BASE ROTATION

	Medical & Upper GIT			
09:00 Sessio	n 1	12.05 Session 4		
Base 1	Prof Reid Ally, Prof Mashiko Setshedi, and Dr Galya Chinnery Gastroenterology cases	Base 1	Prof Reid Ally, Prof Mashiko Setshedi, and Dr Galya Chinnery Gastroenterology cases	
Base 2	Dr Neliswa Gogela, Prof Wendy Spearman, and Prof Mark Sonderup Liver & other cases	Base 2	Dr Neliswa Gogela, Prof Wendy Spearman and Prof Mark Sonderup Liver & other cases	
Base 3	Prof Gill Watermeyer and Dr Shiraaz Gabriel IBD	Base 3	Prof Gill Watermeyer and Dr Shiraaz Gabriel IBD	
Base 4	Endoscopy station Dr Vikash Lala and Prof Sandie Thomson	Base 4	Endoscopy station Dr Vikash Lala and Prof Sandie Thomson	
Base 5	Ultrasound hands-on station Monique Minne and Faieq Daliath	Base 5	Ultrasound hands-on station Monique Minne and Faieq Daliath	
09:55 Sessio	n 2	13:00 Sessio	n 5	
Base 1	Prof Reid Ally, Prof Mashiko Setshedi and Dr Galya Chinnery Gastroenterology cases	Base 1	Prof Reid Ally, Prof Mashiko Setshedi and Dr Galya Chinnery Gastroenterology cases	
Base 2	Dr Neliswa Gogela, Prof Wendy Spearman, and Prof Mark Sonderup Liver & other cases	Base 2	Dr Neliswa Gogela. Prof Wendy Spearman and Prof Mark Sonderup Liver & other cases	
Base 3	Prof Gill Watermeyer and Dr Shiraaz Gabriel IBD	Base 3	Prof Gill Watermeyer and Dr Shiraaz Gabriel IBD	
Base 4	Endoscopy station Dr Vikash Lala and Prof Sandie Thomson	Base 4	Endoscopy station Dr Vikash Lala & Prof Sandie Thomson	
Base 5	Ultrasound hands-on station Monique Minne and Faieq Daliath	Base 5	Ultrasound hands-on station Monique Minne and Faieq Daliath	
10.50 TEA		13.55 LUNCH		
11.10 Session 3 14.50 Session 6				
Base 1	Prof Reid Ally, Prof Mashiko Setshedi, and Dr Galya Chinnery Gastroenterology cases	Base 1	Prof Reid Ally, Prof Mashiko Setshedi, and Dr Galya Chinnery Gastroenterology cases	
Base 2	Dr Neliswa Gogela, Prof Wendy Spearman and Prof Mark Sonderup Liver & other cases	Base 1	Prof Reid Ally, Prof Mashiko Setshedi, and Dr Galya Chinnery Gastroenterology cases	
Base 3	Prof Gill Watermeyer and Dr Shiraaz Gabriel IBD	Base 2	Dr Neliswa Gogela, Prof Wendy Spearman and Prof Mark Sonderup Liver & other cases	
Base 4	Endoscopy station Dr Vikash Lala & Prof Sandie Thomson	Base 2	Dr Neliswa Gogela, Prof Wendy Spearman and Prof Mark Sonderup Liver & other cases	
Base 5	Ultrasound hands-on station Monique Minne and Faieq Daliath	Base 3	Prof Gill Watermeyer and Dr Shiraaz Gabriel IBD	
		Base 4	Endoscopy station Dr Vikash Lala & Prof Sandie Thomson	
		Base 5	Ultrasound hands-on station Monique Minne and Faieq Daliath	

FELLOWS BASE ROTATION cont.

15:50 Session 7

5.50 565510	11 7
Base 1	Prof Reid Ally, Prof Mashiko Setshedi and Dr Galya Chinnery Gastroenterology cases
Base 1	Prof Reid Ally, Prof Mashiko Setshedi and Dr Galya Chinnery Gastroenterology cases
Base 2	Dr Neliswa Gogela, Prof Wendy Spearman, and Prof Mark Sonderup Liver & other cases
Base 3	Prof Gill Watermeyer and Dr Shiraaz Gabriel IBD
Base 3	Prof Gill Watermeyer and Dr Shiraaz Gabriel IBD
Base 4	Ultrasound hands-on station Monique Minne and Faieq Daliath
Base 5	Endoscopy station

HPB

Prof Jose Ramos Prof Jake Krige Prof Ed Jonas Dr Sean Burmeister Dr Stefan Hofmeyer

COLORECTAL

Dr Dion Levin Dr Adam Boutall Dr Brendan Bebington

PAEDIATRICS

Dr Tim de Maayer Prof C Hajinicolaou Dr Penny Rose Dr Lindo Radebe

16:45 Session 8

Base 1	Prof Reid Ally, Prof Mashiko Setshedi and Dr Galya Chinnery Gastroenterology cases
Base 2	Dr Neliswa Gogela, Prof Wendy Spearman, and Prof Mark Sonderup Liver & other cases
Base 2	Dr Neliswa Gogela, Prof Wendy Spearman, and Prof Mark Sonderup Liver & other cases
Base 3	Prof Gill Watermeyer and Dr Shiraaz Gabriel IBD
Base 3	Prof Gill Watermeyer and Dr Shiraaz Gabriel IBD
Base 4	Endoscopy station Dr Vikash Lala & Prof Sandie Thomson
Base 5	Ultrasound hands-on station Monique Minne and Faieq Daliath

- 17:40 End of Bases
- 17.40 Group Photo
- 18.00 Refreshments
- 18.10 Gastro Foundation update and guest lecture
- 19.10 Dinner