Pledges

Platinum: over R5 Million AstraZeneca Takeda

Gold: R1 Million - R5 Million

Abbvie Aspen

Bristol Myers Squibb Foundation

Equity Gilead Janssen Medtronic

Olympus Pfizer TRT Investments

Silver: R500 000 - R1 Million

Adcock Ingram Colon Cancer Trust
Dr Reddy's Ferring Litho / Acino Roche Sandoz

Bronze: R 100 000 - R500 000
Boston Scientific
Cipla Investec Novartis Surgical Innovations

Organisers

Bini Seale Cornucopia Communications

> Cell: 082 442 9779 bini@global.co.za

www.gastrofoundation.co.za



16th Gastro Foundation Weekend for Fellows

Friday 4 - Sunday 6 April 2025 Lord Charles Hotel, Somerset West

Supporting gastroenterology for the future

PROGRAMME

The Gastroenterology Foundation

Welcome to the 16th annual Gastrofoundation Fellows post graduate course which we once again host at the Lord Charles hotel in Somerset West.

The Foundation has hosted this meeting consecutively every year since 2010 and is dedicated to all Gastroenterology and Hepatology fellows and Paediatric fellows in-training,

This year we have 34 fellows and 21 faculty members attending.

I am most grateful to Bini Seale who continues to coordinate and organize all aspects of the post graduate Fellows program with such commitment – thank you Bini!

To the Faculty – grateful thanks for your continued interest and commitment in making the annual Fellows post graduate program the success it is.

And finally to the sponsors who continue to support the Foundation and all its activities year in and year out – my gratitude to you.

My best to you all for a productive, successful and enjoyable weekend.



Chris Kassianides Chairman

Mission Statement

The Gastroenterology Foundation of South Africa was established in 2006. The aim of the Foundation is to contribute towards the continuing medical education of Gastroenterologists and Hepatologists in South Africa

It is autonomous, directed by a group of trustees chosen from a broad spectrum of academic experience.

In addition, the Foundation has successfully contributed to the postgraduate education of Gastroenterologists by assisting in the financing of fellowships abroad. Recently a major focus has been the post graduate education of GI trainees locally by hosting workshops in South Africa.

Our aim is to fund a number of conferences annually updating all those interested in Gastroenterology and Hepatology in South Africa on recent advances in these specialties.

THANK YOU

The Gastro Foundation recognises and is grateful for the contribution of an educational grant from the following to fund this meeting.













Johnson & Johnson Innovative Medicine







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NAMES OF THE PARTY	
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FRIDA	Y 4 April 2025		
12:30 13:40 13:50	Arrival Lunch in the Courtyard Restaurant and Mo Welcome Prof Mashiko Setshedi & Dr Bilal Bobat Logistics Prof Eduard Jonas	osque	
14:00	Venue 1 Delegates move between the two rooms to choose the preferred	14.00	Venue 2 Delegates move between the two rooms to choose the preferred
	presentation. Chair: Prof Eduard Jonas	1.	presentation. Chair: Prof Mashiko Setshedi Medical GIT – Chronic diarrhoea –
 2. 	HPB – an approach to duodenal adenomas - Prof Eduard Jonas Upper GIT – when to refer patients with	2.	Prof Gill Watermeyer Colorectal – Polyposis syndromes - Prof Adam Boutall Medical GIT – Refeeding syndrome -
3.	GORD for surgery - Dr Matt Scriba HPB – Management of CRC with synchronous liver metastases - Prof Jose Ramos	4.	Dr Dion Levin Medical GIT – Intestinal metaplasia on biopsy, what is it and what must I do? Dr Vikash Lala
4.	Liver – viral hepatitis -what a surgeon needs to know - Dr Nasief van der Schyff	5. 6.	Upper GIT – Barrett's oesophagus - Prof Galya Chinnery Liver – how to interpret LFTs -
5.6.	HPB – Endoscopic and percutaneous interventions for PSC - Prof John Devar Colorectal -The high output stoma-Prof Adam Boutall	0.	Prof Wendy Spearman
16:00	Tea Break		
16:30	Introduction to the Critical Appraisal Prof Reid Ally		
16:50	Hotel check in		
17:45	Refreshments		
18:00	Introduction to team build Prof Eduard Jonas		
	Quiz - Dr Dion Levin & Prof Adam Boutall		
19:00	Dinner in the Courtyard		

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SATURDAY 5 April 2025

08:15 Endoscopy Quiz Prof Galya Chinnery

09:10 Introduction to Bases Prof Eduard Jonas

Medical	Colorectal	НРВ	Paediatrics
9:15 Session 1 Base 1	Base 6	Base 7	Base 8
Gastroenterology cases Prof Reid Ally Prof Mashiko Setshedi	Prof Adam Boutall Dr Emile Coetzee Dr Dion Levin	Prof Eduard Jonas Prof Marc Bernon Prof Jose Ramos	Dr Tim de Maayer Dr Marisa Beretta Prof Etienne Nel
Base 2 IBD Prof Gill Watermeyer Dr Thania Kahn	Dr Dion Levin	Prof Jose Ramos Prof Jake Krige Prof John Devar	Prof Etienne Nei
Base 3 Liver and other cases Dr Bilal Bobat Prof Wendy Spearman			
Base 4 Endoscopy station Dr Vikash Lala Prof Galya Chinnery			
Base 5 Ph manometry Dr Neo Seabi Dr Matt Scriba			

- 10:10 **Session 2**
- 11:05 Tea
- 11:30 **Session 3**
- 12:25 **Session 4**
- 13:20 Lunch
- 14:15 **Session 5**
- 15:10 **Session 6**
- 16:05 **Session 7**
- 17:00 Session 8
- 18:00 End
- 18:00 Group Photo
- 19:00 Dinner in the Courtyard

SUNDAY 6 April 2025 6:30 Walk / Run team build event Prof Eduard Jonas 8:00 Breakfast - Hotel check out Fellows to present cases with faculty discussion 1. Medical GIT 9:00 2. **HPB** 3. Colorectal 4. Upper GI Liver 10:40 Tea break - Hotel check out Interventional Radiology Dr Dale Creamer 11:00 Critical Appraisal 1 & 2 Prof Reid Ally and Prof Mashiko Setshebi 12:00 Prize giving and close Dr Bilal Bobat 12:35 Picnic lunch takeaway

FACULTY

13:15

Prof Reid Ally

Dr Marisa Beretta

Prof Marc Bernon

Dr Dion Levin

Dr Bilal Bobat

Prof Adam Boutall

Prof Galya Chinnery

Dr Emile Coetzee

Prof Mashiko Sets

Prof Jake Krige

Dr Vikash Lala

Prof Dion Levin

Prof Etienne Nel

Prof Jose Ramos

Prof Adam Boutall

Prof Jose Ramos

Prof Mashiko Sets

Buses depart from hotel

Dr Dale Creamer Prof Mashiko Setshedi
Dr Tim de Maayer Prof Wendy Spearman
Prof John Devar Dr Nasief van der Schyff
Prof Eduard Jonas Prof Gill Watermeyer

Dr Thania Kahn

NATES	
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BASE TEAMS COLORECTAL **HPB PAED GASTRO** Team 2 Team 3 Team 1 PINK BLUE RED Dr Assaf Dori Dr Mohanned Omer Abass Dr Livin Mumburi Dr Mohammed Musa Brema Abdelrahman Dr Nouraine Yachad Dr Almujtaba Ahmed Dr Khobieb Elmubark Idress Dr Fatima Jouhar Dr Pacifico Apai Abdelrhman Dr Nsizwenye Ntokozo Mkhwanazi Dr Malini Bhana Dr Mohammad El Hassed Nathire Dr Johan Buitendag Dr Nana-Akua Osei-Kuffour Dr Yamkela Desemela Dr Silindokuhle Revival Sibiya Dr Khalid Khalef Alla Dr Brian Misoi Dr Zuhair Babiker Ahmed Mohammed Dr Osemudiamhen Okharedia Dr Hendrik Lacenius Bezuidenhout **PHYSICIAN PHYSICIAN PHYSICIAN** Team 6 Team 4 Team 5 **PURPLE ORANGE GREEN** Dr Ramah Hassan Dr Lillian Musyoka Dr Godknows Shamhuyashe

Dr Liz Gatley

Dr Patrick Nachipo

Dr Camagu Potelwa

Dr Sipho Nkandlalalana

Dr Yaaseen Sungay

Dr Sandy Mosenye

Dr Dominic Mutura

Dr Jessica Wing

Dr Midhun John

Dr Muaz Moosa

Dr Pascal Werimo Makokha

Dr Ibrahim Hamid Ibrahim Mohammed

FELLOWS BASE ROTATION

MEDICAL

09:00 - 10:10 SESSION 1			
Base 1	Gastroenterology cases		
	Prof Reid Ally, Prof Mashiko Setshedi		
Base 2	IBD		
	Prof Gill Watermeyer, Dr Thania Kahn		
Base 3	Liver & other cases		
	Prof Wendy Spearman, Dr Bilal Bobat		
Base 4	Endoscopy Station		
	Prof Vikash Lala, Prof Galya Chinnery		
Base 5	PH Manometry		
	Dr Neo Seabi, Dr Matt Scriba		

12:25 - 13:20 SESSION 4 Base 1 Gastroenterology cases Prof Reid Ally, Prof Mashiko Setshedi Base 2 **IBD** Prof Gill Watermeyer, Dr Thania Kahn Base 3 Liver & other cases Prof Wendy Spearman, Dr Bilal Bobat Base 4 **Endoscopy Station** Prof Vikash Lala, Prof Galya Chinnery Base 5 **PH Manometry** Dr Neo Seabi, Dr Matt Scriba

13:20 - 14:15 LUNCH

10:10 - 11:05 SESSION 2 Base 1 Gastroenterology cases Prof Reid Ally, Prof Mashiko Setshedi Base 2 **IBD** Prof Gill Watermeyer, Dr Thania Kahn Base 3 Liver & other cases Prof Wendy Spearman, Dr Bilal Bobat Base 4 **Endoscopy Station** Prof Vikash Lala, Prof Galya Chinnery Base 5 PH Manometry Dr Neo Seabi, Dr Matt Scriba

14:15 - 15:10 SESSION 5 Base 1 Gastroenterology cases Prof Reid Ally, Prof Mashiko Setshedi Base 2 **IBD** Prof Gill Watermeyer, Dr Thania Kahn Base 3 Liver & other cases Prof Wendy Spearman, Dr Bilal Bobat Base 4 **Endoscopy Station** Prof Vikash Lala, Prof Galya Chinnery Base 5 PH Manometry Dr Neo Seabi, Dr Matt Scriba

11:05 - 11:30 TEA / COFFEE BREAK

11:30 - 12:25 SESSION 3		
Base 1	Gastroenterology cases Prof Reid Ally, Prof Mashiko Setshedi	
Base 2	IBD Prof Gill Watermeyer, Dr Thania Kahn	
Base 3	Liver & other cases Prof Wendy Spearman, Dr Bilal Bobat	
Base 4	Endoscopy Station Prof Vikash Lala, Prof Galya Chinnery	
Base 5	PH Manometry Dr Neo Seabi, Dr Matt Scriba	

15:10 - 16:05 SESSION 6		
Base 1	Gastroenterology cases Prof Reid Ally, Prof Mashiko Setshedi	
Base 2	IBD Prof Gill Watermeyer, Dr Thania Kahn	
Base 3	Liver & other cases Prof Wendy Spearman, Dr Bilal Bobat	
Base 4	Endoscopy Station Prof Vikash Lala, Prof Galya Chinnery	
Base 5	PH Manometry Dr Neo Seabi, Dr Matt Scriba	

FELLOWS BASE ROTATION

MEDICAL

Base 2 Base 2 Base 3 Castroenterology cases Prof Reid Ally, Prof Mashiko Setshedi Base 2 Base 3 Prof Gill Watermeyer, Dr Thania Kahn Base 3

Base 3

Liver & other cases

Prof Wendy Spearman, Dr Bilal Bobat

Base 4 Endoscopy Station
Prof Vikash Lala, Prof Galya Chinnery
Base 5 PH Manometry

Dr Neo Seabi, Dr Matt Scriba

PAEDIATRICS

HPB

Prof Jose Ramos, Prof Jake Krige

Prof Eduard Jonas

Prof Marc Bernon, Prof John Devar

Dr Tim De Maayer Dr Marisa Beretta Prof Etienne Nel

17:00 - 17:55 SESSION 8

Base 1	Gastroenterology cases
	Prof Reid Ally, Prof Mashiko Setshedi
Base 2	IBD
	Prof Gill Watermeyer, Dr Thania Kahn
Base 3	Liver & other cases
	Prof Wendy Spearman, Dr Bilal Bobat
Base 4	Endoscopy Station
	Prof Vikash Lala, Prof Galya Chinnery
Base 5	PH Manometry
	Dr Neo Seabi, Dr Matt Scriba

COLORECTAL

Prof Adam Boutall Dr Dion Levin Dr Emile Coetzee