

Pledges

Platinum : over R5 Million
AstraZeneca

Gold : R1 Million – R5 Million
Abbvie
Bristol Myers Squibb Foundation
Gilead
Equity
Janssen
Medtronic
Takeda

Silver : R500 000 – R1 Million
Colon Cancer Trust
Dr Reddy's
Equity
Ferring
Olympus
Roche
Sandoz

Bronze : R 100 000 – R500 000
Adcock Ingram
Aspen
Boston Scientific
Cipla
Litha
Novartis
Surgical Innovations



Supporting gastroenterology for the future

10th Gastro Foundation Weekend for Fellows

Friday 1 - Sunday 3 February 2019
Spier Hotel & Conference Centre, Stellenbosch

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The Gastro Foundation recognises and is grateful for the contribution of an educational grant from the following to fund this meeting

abbvie

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SANDOZ A Novartis Division

Surgical Innovations
Innovation. Strategy. Partnership.

Takeda

PROGRAMME

The Gastroenterology Foundation

This year we celebrate the 10th anniversary of the Spier Postgraduate Course for Fellows, a milestone in the history of the Gastroenterology Foundation of sub Saharan Africa (SSA) and the highlight of all that the Gastro Foundation hosts annually. It is the meeting that sets off our annual activities and of all the meetings *the* meeting with the most "good feel" factor. Why is this? We ask ourselves at the end of the Spier meeting in February every year. The answer probably lies in the mentoring that is strongly associated with the Foundation and particularly with the Spier meeting - the sharing, unconditionally of knowledge, skills and experience assisting our young fellows to progress in their own lives and careers. It is the trait that personifies me personally, and that which the trustees and all those associated with the Foundation, have over many years shown consistent and exemplary commitment and dedication.

Professor Mike Kew, Emeritus Professor of Medicine, recently acknowledged in a Foundation facilitated Festschrift published in the SAMJ in November 2018, has been an exceptional mentor to many post graduate fellows and from whom I have personally benefitted from immensely.

Jake Krige and Sandie Thomson, passionate and devoted Trustees to the Spier meeting steered the meeting's course solidly over 10 years and held anchor. Jose Ramos and Reid Ally added skills and Ed Jonas brought in a fresh vitality, my thanks to all. Now we introduce fresh vigour to the Foundation and welcome Gill Watermeyer as a Trustee.

The Spier meeting, held early in February every year, has proven to be a popular event for all Gastroenterology and Hepatology fellows and Paediatric fellows in training. Twenty five fellows attended the first Spier meeting held in 2010. This year we have invited 45 South African fellows and 6 SSA fellows, of which 18 fellows will be attending for the first time. Many of our fellows are now able to return to Spier as faculty and will join the Spier program in the next few years. We have held Spier-like meetings for SSA fellows in Lagos and in Addis Ababa.

Over the past 12 years, the Foundation has raised over R35 million (approximately \$2M USD) in the form of donations from pharmaceutical and device companies. The Foundation has sponsored 20 research grants, 102 travel awards for international travel and 415 for local travel, and has awarded three international scholarships, one to Brown University in the USA and two to Oxford University.

Early on in its tenure, the Foundation began a close collaboration with several international societies beginning with the AGA and over the years this has evolved into successful collaborations with EASL, UEGW, ASGE, AMAGE, IASL and WGO and more recently the AASLD, bringing their respective postgraduate courses to South Africa and SSA.

Since 2015, the Foundation has initiated academic programs in Africa by hosting meetings in Nigeria, Ghana, Ethiopia and Northern Sudan.

In November 2018 through the network of SSA countries the Foundation has established GHASSA – the Gastroenterology and Hepatology Association of sub Saharan Africa, an effective way of coordinating gastroenterologists and hepatologists and their respective societies from various countries in SSA. I am confident that this organization will, over the years, evolve into a strong and effective association in SSA.

Karin Fenton has provided unconditional personal assistance and organizational excellence with all our activities, and particularly with the Spier meeting, ably supported by Bini Seale and Juliet Desilla at Cornucopia. They have all assisted with the Foundation from its inception and my grateful thanks to them for making the Spier meeting the success it is today.

Grateful thanks to the trade – pharmaceutical and device companies, for their commitment and consistent support.



Chris Kassianides
Chairman

Gastro Foundation Weekend for Fellows 2019

	Base 1 Medical Reid Ally & Meshiko Setshedi Venue : Manor House	Base 2 Medical Wendy Spearman & Bilal Bobat Venue : Conference Centre	Base 3 Medical Gill Watermeyer & Gerhard Rogler Venue : Manor House
Saturday 09:45 & 14:00	Team 1	Team 3	Team 2
Saturday 11:00 & 15:00	Team 2	Team 1	Team 3
Saturday 12:00 & 16:15	Team 3	Team 2	Team 1

	Surgical - Colorectal Dion Levin, Adam Boutall & Anna-Lena du Toit Venue : Conference Centre
Saturday 09:45 & 14:00	Team 4 Colorectal
Saturday 11:00 & 15:00	
Saturday 12:00 & 16:15	

	Base 1, 3 & 5 Surgical - HPB Eduard Jonas & Galya Chinnery Venue : Conference Centre	Base 2, 4 & 6 Surgical - HPB Jose Ramos & Sean Burmeister Venue : Conference Centre
Saturday 09:45 & 14:00	Team 5 HPB	Team 6 HPB
Saturday 11:00 & 15:00	Team 5 HPB	Team 6 HPB
Saturday 12:00 & 16:15	Team 5 HPB	Team 6 HPB

	Base Paed Gastro Venue : Manor House
Saturday 08:45 - 16:30	Team 7

SUNDAY 3 February 2019

07.30	Private practice questions (for those who would like to attend at breakfast) Prof Chis Kassianides BREAKFAST	
	Chair : Dr Bilal Bobat	Chair : Prof Eduard Jonas
8.30	Interactive Cases (20 mins each) General gastroenterology & hepatology (for physicians and hepatologists) Dr David Epstein Prof Mashiko Setshedi Prof Gill Watermeyer Dr Dion Levin Prof Mark Sonderup TEA	Interactive Cases (20 mins each) HPB, upper and colorectal (for all surgeons) Dr Galya Chinnery Prof Jose Ramos Prof Eduard Jonas Prof Sandie Thomson Dr Sean Burmeister TEA
10.30	Chair : Dr David Epstein	
11.00	Well, How did I get here? (Apologies to The Talking Heads)	Prof Jean Botha
11.15	Peri-operative care in IBD	Dr Adam Boutall
11.30	Refeeding syndrome	Ms Anna-Lena du Toit
11.45	Developmental Origins of Health & Disease	Dr Etienne Nel
12.00	GORD	Dr Dion Levin
12.15	Achalasia	Dr Galya Chinnery
12.30	Feedback & close	

If you are not rushing to catch a plane, please do stay for a picnic lunch

Our thanks to Abbvie, Equity, Medtronic, Nedbank Private Wealth, Olympus, Sandoz, Surgical Innovations & Takeda.

MEDICAL		MEDICAL		MEDICAL	
TEAM 1 - YELLOW		TEAM 2 - GREEN		TEAM 3 - PURPLE	
Khalid Coovadia	Kelebogile Motumise	Didintle Mokgoko	Mohamed Alshmandi	Vikash Lala	Yusuf Moolla
Thania Kahn	Neo Rakumakoe	Preetha Thomas	Zaid Gulamnabi	Gasim Ibrahim Gasim	Portia Ngwata
Sally Bamphoh	Ibrahim Ahmed	Marc Ostrofsky	Ramadan Dabah	Tendai Machiridza	Cecelia Coccia
Chikezie Nwankwo	Cathryn Gounden	Ahmed Abdelsalem	Eugenia Ennin	Dalia Allam	Ahmed Yesufe
Ahmed Almradi		Amir Seid		Wamda Abuelhassan	
SURGICAL		SURGICAL		SURGICAL	
TEAM 4 - BLUE - COLORECTAL		TEAM 5 - RED - HPB		TEAM 6 - ORANGE - HPB	
Amisha Maraj	Lizelle Human	Hendri Pretorius	Anton Lambrechts	Mazwi Pungutche	Ahmed Elrahman
Nadir Hiall	Nasir Almgla	Miriam Kahn	Kiyasha Singh	Karan Gandhi	Akrem Amer
Boitumelo Nkgudi	Anna Coccia	Hisham Ali	Stefan Gilg	Fran van der Schyff	Ash Dasrath
Nomsa Nkosi					
PAED GASTRO					
TEAM 7 - PINK					
Lindo Radebe	Rachel Mlotha-Mitole	Zeenat Gaibee	Utphol Chowdury	Yahye Sheikh Mohamed	Mike Pienaar

Gastro Foundation Weekend for Fellows : 2019 faculty

International Visitor

Prof Gerhard Rogler

Faculty

Prof Chris Kassianides
Dr Bilal Bobat
Dr Adam Boutall
Dr Sean Burmeister
Dr RONALDA de Lacy
Dr David Epstein
Prof Paul Goldberg
Prof Jake Krige
Dr Etienne Nel
Dr Penny Rose
Prof Mark Sonderup
Prof Wendy Spearman
Prof Gill Watermeyer

Invited Speakers

Dr JP Landman
Dr Ibrahim Mayaki

Prof Reid Ally
Prof Jean Botha
Prof Rob Brown
Dr Galya Chinnery
Ms Anna-Lena du Toit
Dr Liz Goddard
Prof Eduard Jonas
Dr Dion Levin
Prof Jose Ramos
Prof Mashiko Setshedi
Dr Silvia Strobele
Prof Sandie Thomson



Gerhard Rogler (22.07.1963) received his approbation as physician and M.D. degree from the University of Ulm, Germany in 1992 and his Ph.D. degree after studying philosophy in Ulm and Augsburg, Germany in 1996. After an internship (Dept. of Internal Medicine II, University of Ulm) from 1991 to 1992 he was a postdoctoral fellow between 1992 and 1994 at the Institute of Clinical Chemistry and Pathobiochemistry, University of Regensburg (Director Prof. Dr. Gerd Schmitz). In 1994 he changed back to Internal Medicine to the Department of Internal Medicine I, University of Regensburg (Director Prof. Dr. Jürgen Schölmerich) to work as a clinical and research fellow. After receiving his Internal Medicine Boards in 1999, Gerhard Rogler became attending physician and senior lecturer. He concluded the work on his Habilitation thesis in 1999.

In the same year he received a prestigious Heisenberg Stipendium of the Deutsche Forschungsgemeinschaft. From 2000 to 2001 Gerhard Rogler was Visiting Scholar at the Center of Molecular Medicine, University of San Diego, San Diego California in the laboratory of Prof. Dr. C. Glass. In 2003 Gerhard Rogler became associate professor and head of the Div. of Gastroenterology and Hepatology at the University of Regensburg, Germany. Since 2007 he is full professor of Gastroenterology and Hepatology at the University of Zürich. He has built up a center for IBD treatment and research. His fields of research are mucosal inflammation, innate immunity, IBD, intestinal fibrosis, inflammation associated colon cancer, GvHD. Gerhard Rogler has published more than 440 Pubmed-listed manuscripts with a cumulative impact factor of > 3000, has more than 15.000 citations and a h-index of 61. He received numerous awards such as the "Honorary Award 2013" of the Swiss Gastroenterology Society, SGG, the LeVaillant award in 2015 and the honorary membership of the South African Society of Gastroenterology (SAGES) in 2013. Gerhard Rogler is Head of the Scientific Committee of the European Crohn's and Colitis Organization (ECCO) and member of the International Organization of IBD Research (IOIBD).



JP Landman is a self-employed analyst on political-economic trends. He focuses on trends in politics, economics, demography and social capital.

In 2015 he was appointed by the President as a member of the National Planning Commission for a period of five years; he is a visiting professor at the University of the Free State; and consults to Nedbank Private Wealth, one of SA's largest private wealth managers.

In 2013 he was elected a Public Policy Fellow at the Woodrow Wilson Centre for International Scholars in Washington DC and he spent four months in the US.

In August 2013 he published the book, "The Long View", an analysis of trends in SA. The book had four print runs.

He has a BA LLB from Stellenbosch University (1978), studied Economics at Harvard (1998 and again in 2005), and obtained a MPhil in Future Studies (cum laude) from Stellenbosch (2003). In 2009 he completed a course at Oxford University Continuing Education on the economies of the BRIC countries (Brazil, Russia, India & China).



Dr. Ibrahim Assane Mayaki, CEO of the New Partnership for Africa's Development (NEPAD) Planning and Coordinating Agency

Dr. Ibrahim Assane Mayaki is the Chief Executive Officer (CEO) of the New Partnership for Africa's Development (NEPAD) Planning and Coordinating Agency and former Prime Minister of Niger (1997-2000). He has a Master's degree from the National School of Public Administration (ENAP) of Quebec, Canada, and a PhD in Administrative Sciences of the University of Paris in France.

In 2000, he created the Public Policy Analysis Circle (Cercle d'analyse des politiques publiques), a think tank focusing on health and education policy.

He was appointed by UN Secretary General Ban Ki-moon to serve as member of the Lead Group of the Scaling Up Nutrition (SUN) Movement and was also appointed as an Independent Team of Advisors (ITA) at the United Nations Economic and Social Council (ECOSOC) Bureau.

He received many honorary decorations for his commitment in Agriculture, from Government of France, the Indian Council of Food and Agriculture, and also received the 2017 Prince Albert II of Monaco Foundation "Water" Award. He was awarded by the President of the Japan International Cooperation Agency (JICA) for his exceptional contribution to Africa's development.

FRIDAY 1 February 2019

10.00	Welcome : Prof Chris Kassianides, Gastro Foundation Chair: Prof Sandie Thomson Top Tips and latest developments	
10.15	Foreign bodies & chemical burns of the oesophagus	Prof Gerhard Rogler
10.30	Approach to dysphagia	Dr Galya Chinnery
10.45	Pancreatic cysts	Prof Eduard Jonas
11.00	Treat to Target in IBD	Prof Gerhard Rogler
11.15	An approach to NETS	Prof Jose Ramos
11.30	<i>H Pylori</i> in 2019	Dr Dion Levin
11.45	Primary Sclerosing Cholangitis	Dr Bilal Bobat
12.00	Polyposis syndromes	Dr Adam Boutall
12.15	Medical management chronic pancreatitis	Prof Gill Watermeyer
12.30	LUNCH / MOSQUE Chair: Prof Mashiko Setshedi General (for Physicians and Colorectal Surgeons)	Chair: Prof Jake Krige HPB & foregut (for HPB and Upper Surgeons)
14.15	Conventional therapy in IBD Prof Gerhard Rogler	14.00 Surgery for complicated common bile duct stones Prof Jake Krige
14.30	Functional GI disorders Dr Dion Levin	14.25 Gastric Polyps Prof Sandie Thomson
14.45	Severe Crohn's disease Prof Gerhard Rogler	14.40 Gastric cancer Dr Galya Chinnery
15.00	Chronic constipation Prof Gill Watermeyer	15.05 CRC hepatic metastases Prof Jose Ramos
15.15	Interpreting LFT's Prof Mark Sonderup	
15.30	TEA Chair: Prof Reid Ally	15.30 TEA Chair: Prof Jose Ramos
16.00	TDM and serology in IBD Prof Gerhard Rogler	16.00 Cholangiocarcinoma Prof Eduard Jonas
16.15	Chronic diarrhoea Prof Mashiko Setshedi	
16.30	Dyspepsia Prof Reid Ally	16.30 Liver Transplantation Prof Jean Botha
17.00	BREAK (photographs, compulsory for all please)	
18.00	Team Quiz : Quizmasters Prof Sandie Thomson & Prof Jake Krige	
19.00	DINNER on the conference venue veranda	

Mission Statement

The Gastroenterology Foundation of South Africa was established in 2006. The aim of the Foundation is to contribute towards the continuing medical education of Gastroenterologists and Hepatologists in South Africa.

It is autonomous, directed by a group of trustees chosen from a broad spectrum of academic experience.

In addition, the Foundation has successfully contributed to the postgraduate education of Gastroenterologists by assisting in the financing of fellowships abroad. Recently a major focus has been the post graduate education of GI trainees locally by hosting workshops in South Africa.

Our aim is to fund a number of conferences annually updating all those interested in Gastroenterology and Hepatology in South Africa on recent advances in these specialities.

SATURDAY 2 February 2019

06.30	Early morning walk / run BREAKFAST	
08.30	Endoscopy quiz - Dr David Epstein and Dr Galya Chinnery	
09.30	Introduction to Bases - Prof Jake Krige	
	Medical	Paed Gastro
09.45	Base 1 Prof Reid Ally & Prof Mashiko Setshedi Gastroenterology cases	Base 1 Dr Ronaldo de Lacy Inherited Metabolic Diseases
10.45	TEA	TEA
11.00	Base 2 Prof Wendy Spearman & Dr Bilal Bobat Liver & other cases	Base 2 Prof Rob Brown Paediatric surgery
12.00	Base 3 Prof Gill Watermeyer & Prof Gerhard Rogler IBD	Base 3 Dr Silvia Strobele Clinical nutrition
13.00	LUNCH - Hands-on bases	LUNCH - Hands-on bases
14.00	Base 4 Prof Reid Ally & Prof Mashiko Setshedi Gastroenterology cases	Base 4 Dr Liz Goddard Paediatric Liver Disease
15.00	Base 5 Prof Wendy Spearman & Dr Bilal Bobat Liver & other cases	Base 5 Dr Penny Rose Intestinal immunology and applied physiology
16.00	TEA	TEA
16.15	Base 6 Prof Gill Watermeyer & Prof Gerhard Rogler IBD	Base 6 Dr Etienne Nel Quiz
	Surgical - HPB & Upper	Surgical - Colorectal
9.45	Base 1 Prof Eduard Jonas & Dr Gayla Chinnery HPB & benign foregut conditions	Dr Dion Levin Dr Adam Boutall & Dr Paul Goldberg Ms Anna-Lena du Toit
10.45	TEA	TEA
11.00	Base 2 Prof Jose Ramos & Dr Sean Burmeister	Clinical cases
12.00	Base 3 Prof Eduard Jonas & Dr Galya Chinnery	
13.00	LUNCH - Hands-on bases	LUNCH - Hands-on bases
14.00	Base 4 Prof Jose Ramos & Dr Sean Burmeister	Clinical cases
15.00	Base 5 Prof Eduard Jonas & Dr Galya Chinnery	
15.15	TEA	TEA
16.15	Base 6 Prof Jose Ramos & Dr Sean Burmeister	Clinical cases
17.15	Refreshments	
17.45	Prof Chris Kassianides - "10 years at Spier"	
18.00	Introduction : Prof Jake Krige Dr JP Landman - "SA : a political-economic update" Kindly sponsored by Nedbank Private Wealth	
18.45	Introduction : Prof Chris Kassianides Dr Ibrahim Mayaki - "Africa's critical choices"	
19.30	DINNER at Eight Restaurant	