Uzayr Khan Surgical GIT CMJAH

EUS BILIARY DRAINAGE

INTRODUCTION

Giovannini 2003

Multistep, repurposed tools

Now dedicated, single step

Required

ERCP fails 3-10% Surgery/ PTBD – morbid/↓QOL Option for malignant biliary obstruction Most for irresectable disease Benign disease largely access procedures



EUS BILIARY DRAINAGE

• EUS Guided

<u>EUS Assisted</u>

- Choledochoduodenostomy (CDS)
- Hepaticoduodenostomy (HGS)
- Antegrade Stenting
- Cholecystogastrostomy/ duodenostomy

- EUS Rendezvous
- EUS assisted ERCP

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EUS-BD versus ERCP-BD for Malignant Biliary Obstruction



HGS, hepaticogastrostomy ERCP-BD, endoscopic retrograde cholangiopancreatography-guided biliary drainage



Authors

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Indications

Inaccessible papilla/ altered anatomy Failed ERCP/ incomplete biliary drainage

Contraindication

Coagulopathy Large volume ascites



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Preferred over PTBD for failed ERCP in malignant disease

Potentially less morbid Fewer interventions Comparable success



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EUS-HGS

Only for inoperable hilar tumors Not completely drained @ERCP

EUS-CDS distal MBDO

ERCP still recommended

EUS can be considered in high volume centers

Similar efficacy, perhaps increased patency with EUS



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EUS – rendezvous favoured for benign disease Preferred over PTBD after second failed ERCP However success lower & AEs higher Smaller ducts/ greater technical difficulty PTBD likely similar



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Adverse Events

Mortality 0-3%

<14d –procedure related/ >14d late complication Pooled EUS-CDS & HGS – 16% Cholangitis (4%) Bleeding (4%) Bile leak (4%) Perforation (3%) Abd pain – self limiting (18%) Others – haemobilia/ cholecystitis/ arteriobiliary fistula/ pseudoaneurysm

EQUIPMENT

Procedure	Plastic stents	Biliary self-expandable metal stents	Lumen-apposing metal stent* internal diameter×saddle length	
EUS-CDS	Not advised for primary drainage	Fully covered length: 6 cm	Hot Axios 6 × 8 mm, 8 × 8 mm, 10 × 10 mm	
		 diameter: 8–10 mm 	Hot Spaxus 8 × 20/7 mm	
EUS-HGS	Not advised for primary drainage	Fully covered length: 8–10 cm diameter: 8–10 mm	Not advised for primary drainage	
		Partially covered length: 8–10 cm (uncovered 3 cm, covered 5–7 cm) diameter: 8–10 mm		
EUS-guided PD drainage (antegrade)	Straight or double pigtail 5, 7, 8.5, and 10 Fr Iength 7–20 cm	Not advised for primary drainage	Not advised for primary drainage	
EUS-GBD	Not advised for primary drainage	Not advised for primary drainage	Hot Axios 10 × 10 mm, 15 × 10 mm	
			Hot Spaxus 8 × 20/7 mm, 10 × 20/7 mm	
EUS-GE	Not advised for primary drainage	Not advised for primary drainage	Hot Axios 15 × 10 mm, 20 × 10 mm	
			Hot Spaxus 16 × 20/7 mm	
EUS-CDS, EUS-guided choled EUS-GE, EUS-guided gastroen	ochoduodenostomy; EUS-HGS, EUS-guided iterostomy.	hepaticogastrosomy; PD, pancreatic duct; EUS-G	BD, EUS-guided gallbladder drainage;	

* Lumen-apposing metal stents (LAMSs) detailed here are all electrocautery-enhanced as their all-in-one design renders them ideal for therapeutic EUS procedures. LAMSs without the electrocautery-enhanced delivery system (Axios, Spaxus) are also available in various sizes, but would require multiple accessory exchanges.

ASGE THERAPEUTIC EUS GUIDELINE





CHOLEDOCHODUODENOSTOMY

PRE-PROCEDURAL IMAGING & PLANNING

Use CT/MRI to evaluate anatomy and bile duct dilation. A CBD diameter of $\geq 12-15$ mm is ideal. Diameters <12 mm risk failure or misdeployment. Identify surrounding vessels & anticipate issues

ANATOMICAL & ENDOSCOPIC CONSIDERATIONS

Aim for the mid-distal CBD from the duodenal bulb.

- Avoid the 'double mucosal sign' by using water-fill to enhance wall apposition.
- Maintain a long scope position for stable access.
- Apply counterclockwise rotation and forward pressure.
- If possible, use a longitudinal view for optimal visualization.
- Always perform DOPPLER assessment before puncture.

ANATOMICAL & ENDOSCOPIC CONSIDERATIONS

Long scope position may hinder stent exit from channel

Partially short/ straightened scope if issues arise

Space in bulb may limit ability to see proximal deployment In channel deployment assists

NEEDLE & GUIDEWIRE TIPS

19G needle preferred; aspirate bile to confirm access

Use 0.025–0.035" guidewire, advance deep into ducts Opinions divided for LAMS May enhance stability and allows rescue options

TRACT DILATION APPROACHES

- 6Fr Cystotome/ 4 mm balloon for multi-step technique
- Electrocautery LAMS enables single-step puncture + dilation
- Avoid excessive dilation to reduce bile leak risk

STENT SELECTION STRATEGIES

- Plastic stents: Leaks, blocks, migrates, multistep
 - Coaxial placement may prevent stent dysfunction*
- FCSEMS (8-10mm): Blocks less, leaks less, may still migrate
 - Cheaper than LAMS
- LAMS (6-10mm): preferred for stability and reduced migration
 - EC-LAMS (HotAxios & Spaxus) game changers
 - Single step, fast, less potential for leak
 - Free hand.Wire for salvage/ deeper deployment
 - Smaller ducts increase difficulty, less room for error, limited space for flange
 - Smaller LAMS block & narrow margin for error
 - Rough guide ~12mm 8mm LAMS/ 12-15mm 10mm LAMS

DEPLOYMENT TECHNIQUES

- Deploy distal flange under EUS, proximal under endoscopy
- Intra-channel technique minimizes misdeployment risk
- Ensure full apposition before releasing second flange

Adverse Events with Endoscopic Ultrasound-guided **Biliary Drainage: A Systematic Review and Meta-analysis** Gastrointestinal Endoscopy Data source **Results** 0 **3** Databases 155 studies 7887 patients Overall **EUS-CDS EUS-HGS EUS-AG EUS-RV Clinical success** 95.0% (94.1-95.9) 97.2% (96.1-98.3) 92.3% (90.2-94.3) 97.2% (95.3-99.1) 13.7% (12.3-15.0) 11.9% (9.9-14.0) 15.5% (12.9-18.0) 9.9% (6.3-13.4) 8.8% (5.9-11.7) Adverse events 0.6% (0.1-1.1) 0.0% (0.0-1.1) Major adverse events 0.6% (0.3-0.9) 0.6% (0.1-1.1) 0.2% (0.0-1.3) Mortality 0.1% (0.0-0.4) 0.0% (0.0-0.4) 0.2% (0.0-0.5) 0.0% (0.0-1.1) 0.0% (0.0-1.5) 16.0 (13.9-18.2) 15.8% (12.2-19.5) 20.9% (16.3-25.6) 9.2% (6.0-12.4) Reintervention Giri S, et al. 2023

ADVERSE EVENTS

Loss of access

Can attempt ERCP/ EUS-HGS or PTBD

Stent mis-deployment

Too deep – pull back if accessible

Into wall – guidewire & coaxial tandem SEMS

Into peritoneum – Surgical consult

Bile leak

Antibiotics. Alternative biliary access. Drain biloma Bleeding

DOPPLER prior to prevent

Angio + IR

COMPLICATION MITIGATION

- Seal tract quickly with covered stent to prevent bile leak
- If misdeployment occurs, use guidewire or second stent
- Always assess for bleeding risk using Doppler

TIPS

- Coaxial stents (e.g. pigtail inside LAMS) may reduce occlusion
- Monitor for cholecystitis if cystic duct is covered
- Use of EC-LAMS streamlines and secures the procedure
- Sump syndrome debris filling distal biliary tree
 - Mitigated by FCSEMS/ double pigtail in LAMS
 - Scorpion II pilot, LAMS with coaxial stent
 - ~10% stent dysfunction



Coaxial DPPS for LAMS drainage of pancreatic fluid collections is associated with a reduced risk of stent occlusion and infection with no difference in overall adverse events or bleeding.



SCORPION-IIP

FRITZSCHE ET AL. GIE. 2024

- Stent dysfunction 6-37%
- SEMS in LAMS prevents bile duct wall apposition & diverts stent lumen into D2
- Mostly SEMS, some plastic
- I 0% stent dysfunction
 @6months





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OVERVIEW – RATIONALE & EVOLUTION OF EUS-HGS

• Smaller ducts

- Movement
- Portal triad/ vessels
- Multistep process
- Requres sonar+fluro



PREPROCEDURAL PLANNING & PATIENT SELECTION

- Patient Selection: Avoid in high-risk anatomy (ascites, varices, atrophy).
- Equipment & Setup: All accessories prepped to minimize delay.
- Positioning: Prone or modified prone (right side down) to enhance duct opacification.

PUNCTURE SITE SELECTION & LANDMARKS

- Target: Prefer B3 access near B2-B3 confluence.
- Ideal Duct: ≥5 mm diameter; 2.5–3 cm tract length.
- • Avoid:Transpleural puncture; GHL puncture.
- Needle Angle: >135° for optimal guidewire access.



DUCT SELECTION



- **B2**
- Cephalad
- Transoesophageal puncture risk
- Easier access
- Less angulated entry into duct
 B3
- Caudal
- Lower risk of mediastinitis
- Difficult access/ flexed scope
- More difficult to avoid peripheral placement





VideoGIE 2024 9417-424DOI: (10.1016/j.vgie.2024.05.015)

BILIARY PUNCTURE TECHNIQUE

- Needle Prep: Use 19G; prime with saline to prevent air artifact.
- Puncture: One swift motion; confirm with bile aspiration.
- Bent Needle Technique: For suboptimal trajectory.
- Scope Stability: Critical for wire insertion.

CONTRAST INJECTION

- Pre-injection: Decompress duct in cholangitis.
- Diluted Contrast: 50:50 with saline for clarity.
- Avoid Overinjection: Prevents leak and pressure spikes.
- Intravascular Clue: Rapid contrast washout → reposition needle.

GUIDEWIRE INSERTION

- Wire: 0.025" hydrophilic, stiff core, angled tip.
- Manipulation: Loop, torque, re-orient if misdirected.
- Re-puncture: Consider if alignment is poor.
- Maintain Access: Prevent dislodgement during exchange.

TRACT DILATION OPTIONS

- Graded Catheter: Preferred for small stents; low trauma.
- Balloon: Easier insertion, higher leak risk at 6 mm.
- Diathermy: Use in fibrotic tissue; last resort.
- Tailor Method: Match to stent size and anatomy.



TROUBLESHOOTING DILATION & PREVENTING LEAK

- Fibrotic Tract: Predilate with cannula/balloon.
- Downstream Strictures: Dilate during same session.
- Leak Risk: Avoid diathermy in atrophic or stiff livers.
- • Segmental Dilation: Leave liver parenchyma intact to seal tract.
- Avoid Needle-Knife: Last resort; risk of perforation.





STENT SELECTION & DEPLOYMENT

- Design: Partially covered/ Fully covered, anti-migration features.
- Size: 8–10 mm diameter, 8–10 cm length.
- Positioning: 2–3 cm in duct and gastric lumen.
- Avoiding Segmental Occlusion: Use side-hole stents if needed.
- Technique: Steady echo contact; cautious unsheathing.

PITFALLS & ADVERSE EVENT PREVENTION

- Anatomy: Avoid atrophic segments, large ascites, varices.
- Tumor Traversal: Prefer upstream access.
- Transpleural Risk: Ensure intraabdominal access.
- Wire Stability: Crucial for device exchanges.
- Migration/Leak: Follow length and deployment best practices.





Endoscopic ultrasound-guided hepaticogastrostomy without tract dilation using a novel ultra-tapered slim-delivery metallic stent

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ADVERSE EVENTS

- Bleeding from PV or hepatic artery
- Pseudoaneurysms
- Guidewire shearing maldeployment
- Peripheral wire placement
- Bile leak
 - ↑multiple punctures, duration >20min, <2.5cm duct to capsule
- Stent migration
- Mediastinitis



Adverse Events with Endoscopic Ultrasound-guided Biliary Drainage: A Systematic Review and Meta-analysis

Gastrointestinal Endoscopy



	Overall	EUS-CDS	EUS-HGS	EUS-AG	EUS-RV
Clinical success	95.0% (94.1-95.9)	97.2% (96.1-98.3)	92.3% (90.2-94.3)	97.2% (95.3-99.1)	-
Adverse events	13.7% (12.3-15.0)	11.9% (9.9-14.0)	15.5% (12.9-18.0)	9.9% (6.3-13.4)	8.8% (5.9-11.7)
Major adverse events	0.6% (0.3-0.9)	0.6% (0.1-1.1)	0.6% (0.1-1.1)	0.2% (0.0-1.3)	0.0% (0.0-1.1)
Mortality	0.1% (0.0-0.4)	0.0% (0.0-0.4)	0.2% (0.0-0.5)	0.0% (0.0-1.1)	0.0% (0.0-1.5)
Reintervention	16.0 (13.9-18.2)	15.8% (12.2-19.5)	20.9% (16.3-25.6)	9.2% (6.0-12.4)	-
					Giri S, et al. 2023





CONCLUSION

- Revolution in biliary drainage
- Safety not in question
- May be preferred to other options
- Can be hazardous
- Know the options, procedural steps, equipment
- Ensure availability
- Anticipate problems & be prepared to troubleshoot
- Teamwork is invaluable